

DO YOU NEED SENIOR ASSISTANCE INFORMATION?

We have the 2021 Senior Resource Guides here at the Senior Center. Please give Lori a call at 982-8523 if you would like one delivered to your home in New London.



Senior Spirit

WINTER 2021
Enjoying life at every age!

NEW LONDON SENIOR CENTER

600 W. Washington Street., New London, WI 54961 920-982-8523

Hello Folks!!!

What a beautiful coating of Rime ice and we've been experiencing out our windows! The National Weather Service says that **Rime ice** often forms in dense, freezing fog, when super-cooled water drops in the fog come in contact with a surface that is below freezing. **Hoar frost** is similar to dew, but happens on cold and clear nights when gas (water vapor) turns to **ice** without passing through the liquid phase.



We are in a new year, and we must look toward a brighter future for everyone. If you are feeling well and want to get out of the house, the Senior Center is carefully starting the winter season by hosting 50 Cent Bingo on Tuesdays at 12:30 p.m., **starting in February**. There are crafting classes starting in January (see inside page). We still need to be diligent for ourselves and others by wearing a mask and keeping our distance.

A reminder that the transit bus is available for anyone 60 years or older, and for those with disabilities. Caretakers can ride too! Call us 24 hours in advance, we are open Monday through Friday from 9 am to 4 pm. For now, we ask that you wear a mask on the bus. Please **give us a call at 982-8522**. Or just call to say hello - we are here for you!



Meet Your New MAYOR

Mayor Mark Herter introduces himself, shares his thoughts for the future of New London, and takes your questions on topics pertaining to our community.

MONDAY, JANUARY 11, 6—7 pm

New London Senior Center

South entrance of the Washington Center

COVID 19 safety guidelines will be followed. Please wear a mask, use hand sanitizer and social distance. Call Lori at 982-8523 with questions.

Lori, Mike and Bob

Sandi

New London Senior Center / Nutrition Site

Happy Birthday!



January

4—Mary Lou Hegner
20—Alferd Poppy
21—Ted Bigalke

February

March

1—Deb Woeschnick
(volunteer dispatcher)
22—Judy Gray

April

13—Jen Sorges (WC)
14—Louise Rhode
21—Bob Cupp
(bus driver)
21—Diana VanHandel
24—Lori Schneider
(Sr Ctr Manager)
29—Judy Van Cueck

“Nutrition Site Sandi”

Says...

... her volunteer staff is prepping meals for delivery three times a week and hopeful to expand to four days soon. In order to do so, she needs volunteer drivers. If you know of anyone willing to deliver meals, please ask them to contact Denise Roman, volunteer coordinator for Waupaca County at [715-802-3582](tel:715-802-3582) or email denise.roman@co.waupaca.wi.us The home delivered meals program is still accepting applications and Sandi hopes that you will help her spread the word! Do you know of a neighbor or friend that could benefit from having lunch prepared and delivered? To apply, please call the Aging & Disability Resource Center at 715-258-6400.

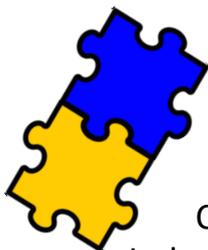
Food For Thought:

The most worthwhile thing is to try to put happiness into the lives of others.

— SIR ROBERT BADEN-POWELL

PUZZLE SWAP

Running out of puzzles? We've got a revolving stock ready for you to swap. Call the NL Senior Center at 982-8523 any weekday morning and talk to Lori about arranging a time to pick up puzzles!!



Covid-Safe Crafting at the Senior Center

The following winter classes are designed to use your own materials. Please bring supplies needed for a fee-free class. **You must sign up by calling 982-8521 so that we can allow adequate space.** (One person per table, following Covid protocol until no longer necessary).

Knitting Nutz January 14, 28, Feb. 11, 25, March 11, 25 at 9:30 am

Susan Finkle-Hoffman is traveling the world in search of knitting nuts like her. She has many stories to share, and on Jan. 14 will tell you all about her trip to Maine and the fabulous schooner she stayed on. All for the love of wool. Bring your knitting and join the fun at a Covid-safe facility, where masks are worn and distancing takes place.

Valentine Craft January 25, 1:30 pm Diane Urban will instruct you in drawing your name and your significant other's name within the shape of a heart and joining them. They will be mounted on a nice background if you desire. BRING: Scissors, black or red marker, colored pencil, or pen. Cardboard, poster board, or any kind of paper.

Ballerina Snowflakes January 27, 1:30 pm A simple lesson in cutting out ballerina templates (provided) and old fashioned snowflakes. Put the two together to form a beautiful window or wall hanging. BRING: Scissors. For Ballerinas: 10 sheets of card stock (blue, pink, white are best) For Snowflakes: Newspaper, gift wrap, whatever you have to repurpose. We also supply coffee filters for snowflakes.

Inspiration Journals February 3, 1:30 pm If you enjoy being creative and don't want restrictions to your crafting, this is the class for you! Repurpose paper favorites and small trinkets from your stash - junk drawer, closets and other crooks and crannies at home. Gather those items you don't have a use for but don't want to part with. Themes can be used such as nature, fashion, pets, travel, recreation, flowers, etc. The sky is the limit. ALSO BRING: An old journal, loose leaf notebook, or even a boring book that you want to transform. Poems or Bible verses that you love. Photos, drawings, magazine clippings. Glue stick, scissors, Hole Punch, Scrapbook punches (flowers, bugs, shapes). Scraps of fabric, hem tape, lace, etc. Sylvia will show you how to build a page. She will share her many lovely examples. She is generous with her praise and accepting of your creations! If you like this class, we will do more workshops!

Shamrock Collage March 3, 1:30 pm Do you have Irish heritage, or wish you did? Gather your green and bring it to class. We provide the paper backing for this project, and you need to bring the following: Scissors, glue stick, magazines, photographs, fabric scraps, lace, old postcards, Irish recipes, anything with Irish design.

Branch Art April 7, 1:30 pm This is simple and turns out so lovely! Take a walk and find a few branches from 2 foot to 3 feet in length. Sylvia will show you how to transform them into cherry blossom branches, or other flower blossoms. Also bring: a vase (to set your branch in while working), branch clippers, hot glue gun, hot glue sticks, gift wrap tissue in pink, white, or your favorite color.