



March, 2020

INSIDE THIS ISSUE:

Swim Lessons	1
Adult Fitness	1
Youth Programs	2
Senior Happenings	3
Under Water Easter Egg Hunt	3

Any questions or comments about anything listed in this newsletter can be directed to the Parks and Recreation Department at 215 N. Shawano St. New Dublin, WI 54961 (920) 982-8521

NLPRD@newlondonwi.org

Registration is available online at www.newlondonwi.org or by calling 982-8521 or by stopping by our location at the Municipal Building.

Winter III Swimming Lessons

We have another session of swimming lessons starting before the summer is here starting on the week of April 6. With our location on the Wolf River, and all of the lakes in the area, it is so important that you take the time to ensure that your child knows how to swim. Did you know Swimming lessons can reduce the likelihood of drowning by 88% and that Children ages 1 to 4 have the highest drowning rates. In 2014, among children 1 to 4 years old who died from an unintentional injury, one-third died from drowning. We have swimming lessons just for these little ones that not only teach specific swim skills but also survival skills. Registra-

tion is open now, so make sure that you get on a class list because there are classes that fill fast.

Public Swim times are also available Monday, Tuesday, Wednesday and Friday from 1:15-3:15 p.m. and Mondays and Wednesdays from 7:15-9:00 p.m. and Tuesdays and Thursdays from 8:00-9:00 p.m.



These Adult Fitness Sessions start the week of March 2, register now!

The late fee starts on Sunday, March 1 at midnight!

Adult Fitness

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS	SATURDAYS
8:15-9:15 a.m. Yoga	6:00-7:00 a.m. Power Yoga 2 days a week T/Th	8:15-9:15 a.m. Beginner Yoga	6:00-7:00 a.m. Power Yoga 2 days a week T/Th	9:15-10:15 a.m. Yoga	8:00-9:00 a.m. Strong® by Zumba®/Kick It**
12:15-12:45 p.m. TRX	8:00-8:45 a.m. Country Heat	12:15-12:45 p.m. Strong® by Zumba**	8:00-8:45 a.m. Cardio Drumming		
4:45-5:45 p.m. Kick It	4:45-5:45 p.m. Pilates	6:00-7:00 p.m. Hiit or Miss	12:15-12:45 p.m. TRX		
6:00-7:00 p.m. Restorative Yoga (held in the Washington Center Activity Room)	6:00-7:00 p.m. Zumba®**		4:45-5:45 p.m. Barre	Classes are held in the Washington Center Gym unless noted otherwise.	
	7:05-7:35 p.m. TRX		6:00-7:00 p.m. Zumba®**		

classes with () are drop in and you need to have a membership card to attend

Youth CPR/AED & First Aid Course

This eight hour class is open to youth age 12-17.

Students will learn CPR / AED skills for Adult, Child, Infant, and Choking emergency management for the Adult, Child, and Infant. Students will also learn the basics of First Aid.

In this section, students will learn the roles and responsibilities of a First Aid provider; how to recognize, and the course of action for: Medical Emergencies (allergic reaction, breathing problems, low blood sugar, etc.); Injury Emergencies (broken bones, splinting, external bleeding, bandaging, burns, sprains, etc.); and Environmental Emergencies (bites, stings, hypothermia, heat stroke, poisoning, etc.) Students will learn these valuable life-saving skills through lectures, videos, hands on skills practice, and role playing - having fun while learning. Please note, no graphic images are used.

This CPR / AED & First Aid course is a great course for students wanting the knowledge, to meet job or school require-

ments, and as a "Part 2" course for former Babysitting / CPR class students that need to renew their CPR/AED cards. Upon successful completion of the class, students receive an American Heart Association CPR / AED & First Aid course completion card (valid two years), and a digital quick-guide for First Aid. Students need to bring a lunch / drink for day of class.

Spring Class Date: Wednesday, April 8, 2020

Class Time: 8:00 a.m.-4:30 p.m.

Registration Dates: Jan. 6-Feb. 7, 2020, absolutely no registration after this date

Location: New London Municipal Building/ Council Chambers

Fee: \$50.00/\$65.00

Home Alone Babysitting Course

The Home Alone Babysitting course is a great start for youth looking to start babysitting or maybe starting to stay home alone.

Students will learn the fundamentals of Childcare, Child Safety, how to perform CPR and use an AED, and how to respond to choking emergencies.

This fun, 8-hour action-packed class is taught by an American Heart Association Instructor and incorporates hands-on skill sessions, relevant videos, and games.

Enrolled students receive: Digital Course Material, a Course Completion Certificate, and an American Heart Association Heartsaver CPR/AED certification card (valid for 2 years).

Class Date: Friday, March 20, 2020
Class Time: 8:00 a.m.-4:30 p.m.
Registration Dates: Feb. 9-March 13, 2020 absolutely no registration after this date
Location: New London Municipal Building/ Council Chambers
Fee: \$50.00/\$65.00

Kid's Rummage Sale

Need a motivator to get spring cleaning done? During the City Wide Rummage Sale youth ages 5-17 can reserve a table to sell gently used toys, games, clothes, and accessories while learning how to interact with people and conduct the sale of goods, plus you keep the profits! At the end of the event the Parks and Recreation Department will accept donations of any unsold items from the Rummage Sale and donate them to Goodwill! ONLY ONE TABLE PER FAMILY WILL BE ALLOWED. Youth 12 and under must be supervised by an adult at all times, however this event's purpose is to be a learning experience for the children, parents should encourage their child to participate in the sales of all items and only help when needed. The Kid's Rummage Sale is free and open to the public to attend!

Date: Saturday, May 2, 2020

Registration Date: Now-April 24, 2020

Time: 9:00 a.m.-12:00 p.m.

Location: Washington Center Gym

Fee: \$5.00 table reservation fee





Underwater Easter Egg Hunt April 10th

Bring your goggles, bring your favorite egg hunting suit to our best Underwater Easter Egg Hunt yet. Eggs will be scattered throughout the pool, hidden in every nook and cranny. Come hunt for some eggs and enjoy a special swim. Also our mini Concession Stand with soda, chips, and other goodies will be open. The Hunt will begin at 1 o'clock and will continue until all the eggs are found. Once the eggs have found their home we will continue the afternoon with a public swim.

FEE: \$2.00

Where can you find us?

Like us on Facebook at www.facebook.com/nlprwi

Follow us on Instagram at https://www.instagram.com/new_london_wi_parks_rec/

Follow us on Twitter <https://twitter.com/nlprwi>

City Website: www.newlondonwi.org Departments: Parks and Recreation

Download the new New London Connect App on your smart phone!

Senior Center Happenings...

Senior Van: 982-5823

Senior Center: 982-5822

Monday, March 2 12:30-2:00 p.m. Shamrock Crafts

Monday, March 30 12:30-2:00 p.m. Spring Craft

TUESDAYS .50C BINGO! 12:30 P.M.

Tuesday, March 31 BINGO and March Birthday Celebration

WEDNESDAYS Sheephead and cards 12:30 p.m.

THURSDAYS, March 5 and 19 Cornhole 12:30 p.m.

Thursday, March 12 1:00 p.m. Bake Shamrock Cookies

Thursday, March 26 1:00 p.m. Dessert Making

FRIDAY, March 20 Irish Movie "the Quiet Man" with John Wayne 12:30 p.m.

FRIDAY, March 13 and March 27 Foot Clinic (call 538-2974 for appt.)

SATURDAY, March 21 New Dublin's Grand Parade 1:00 p.m.

